



## MEDICAL OR MENTAL HEALTH ASSISTANCE

**If this is a medical emergency, call 911. If this is a mental health emergency, call 988 to reach trained crisis counselors who can help in a mental health, substance use or suicide crisis.**

### Beaches Community Healthcare Clinic

Branch of the Sulzbacher Center serving patients who reside in the following zip codes – 32233, 32250, 32082, 32224, 32266.

- Open Mon-Thurs 8am-4:30pm & Fri 8am-3pm Closed for lunch Noon-1pm.

(904) 224-3550

[www.sulzbacherjax.org](http://www.sulzbacherjax.org)

### Community Hospice

Community Hospice seeks to improve the quality of life for patients and families and to be the compassionate guide for end-of-life care in our community.

- Care provided where you live
- Support for loved ones also
- Advance Care Planning
- Medical equipment and supplies

(904) 268-5200

[www.communityhospice.com](http://www.communityhospice.com)

### Mayo Clinic

Mayo provides emergency and medical clinic help to those with low incomes, as well as those with insurance.

(904) 953-2000

[www.mayoclinic.org/jacksonville](http://www.mayoclinic.org/jacksonville)

### Gabriel House

This facility on Mayo Clinic's campus provides affordable, temporary lodging in a "community of healing" environment for adult organ transplant and cancer patients and their caregivers who come to Jacksonville for medical treatment.

(904) 821-8995

[www.gabrielhouseofcare.org](http://www.gabrielhouseofcare.org)

### Sulzbacher Center

Only North East Florida provider of comprehensive services for homeless men, women and children.

- Open 24 hours a day, 7 days a week, 365 days a year
- Offers meals, shelter, health care, children's programs, job placement assistance, life skills programs and more

(904) 359-0457 - Downtown: Men's services & Adult Health Center

(904) 224-3550 - Beaches: Adult Health Center

(904) 394-4950 - Village: Women's & Family Services & Pediatric Health Center  
[www.sulzbacherjax.org](http://www.sulzbacherjax.org)

### Volunteers in Medicine-Jacksonville

Volunteers in Medicine offers free health care for low income individuals who are working uninsured.

(904) 399-2766 - Downtown

(904) 539-3020 - West Jacksonville

[www.vim-jax.org](http://www.vim-jax.org)

### MENTAL HEALTH

#### Here Tomorrow

Mental health collaborative in Jacksonville, Florida offering free virtual and in person appointments to anyone experiencing feelings of hopelessness. Here Tomorrow offers a warm, welcoming physical and virtual space to have conversations about mental health, and receive guidance on what to do if mental health problems are getting in the way of you living your life. We offer same day appointments.

- Open Mon-Fri: 8am-8pm, Sat-Sun/Holidays: 10am-6pm

(904) 372-9087 - Call or Text  
[hello@heretomorrow.org](mailto:hello@heretomorrow.org)

#### NAMI – National Alliance on Mental Illness

NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Offers education and peer led support groups for people living with mental illness or for those who have family members living with mental illness. Support group offer space to share each others' experiences, share coping strategies, and offer each other encouragement and understanding.

[www.nami.org/Support-Education](http://www.nami.org/Support-Education)

[namiflorida.org](http://namiflorida.org) - Florida

[namiga.org](http://namiga.org) - Georgia

ESTABLISHED  
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