

DISCIPLE GROUP COMMUNION LEADER GUIDE

We encourage disciple groups to celebrate communion together as a way of remembering Christ's great love for us as demonstrated through His crucifixion.

Communion is a response to Jesus Christ's finished work on the cross and therefore should be taken after the study and discussion of God's Word near the end of your group's meeting.

COMMUNION SET-UP

NOTE: If using individual cups including both bread and juice (recommended), distribute elements first.

LEADER SAY: We're going to respond to the gospel and remember Jesus by taking Communion together. We take Communion with these things in mind:

- **Remembrance** – We take in remembrance of Jesus's life, death and resurrection.
- **Presence** – We take as a way to bring Jesus's work on the cross to our present lives.
- **Future** – We take to hopefully and joyfully look toward the future things of Christ to come.

LEADER SAY: In John 6 Jesus institutes the Lord's Supper for the first time (John 6:53-58).

Leader read or have someone in your group read: John 6:53-58

LEADER SAY: We take Communion in remembrance of Jesus's words here and His work on the cross.

LEADER SAY: We also take communion to bring Jesus's work on the cross into our current life today. The apostle Paul says this in 1 Corinthians 11:23-27.

Leader read or have someone in your group read: 1 Corinthians 11:23

LEADER SAY: Before we take Communion, we're going to pause and reflect on the words of Jesus and Paul. As we reflect on their words, we would do well to consider:

- What do I need to confess to the Lord?
- Where do I need to repent?
- Where do I need to remember the gospel in your life?

LEADER SAY: Let's pause, confess, repent and remember together right now.

**NOTE: Please allow 1-2 minutes to pass before moving on to the taking of Communion.*

COMMUNION

**NOTE: Based off using individual cups that include both elements (recommended method)*

LEADER SAY as you hold up the bread: Jesus said, "this is my body and as often as you eat of it do so in remembrance of me," let us take in remembrance of Him.

LEADER SAY as you hold up the cup: This cup represents the blood of Christ! Jesus said, "this cup that has been poured out for you is the new covenant in my blood." Let us drink in remembrance of Him.

LEADER: *Pray to close Communion*

.....

SUPPLIES: You will be able to find a number of different supplies with a quick internet search, however two purchase options from Lifeway are listed below.

**NOTE – pricing listed was as of 12/30/20 and does not include tax.*

- 6 Count Box - \$4.89

- 100 Count Box - \$21.69