

PARENT RESOURCES



Explore some of these connection ideas with the student(s) in your house over the next few weeks.

POINTERS FOR PARENTS

- High invitation at home leads to intentional challenge over time (make sure to have fun together).
- Plan a specific time of day together to put your phones away and be fully present with one another. Plan out your days!
- Try to refrain from fixing or being overly critical as you have conversation. Listen to them. Ask them questions.
- Students don't care how much you know until they know how much you care. Make an effort to care for them through prayer and conversation.

CREATIVE IDEAS

- Participate in the Eleven22 online gathering together. ([CoE22 app](#) or [coe22.online.church](#))
- Plan and cook a meal together.
- Create/learn something NEW with them (find a Youtube "how to" channel on how to cook).
- Play a video game together.
- Do something active together (go on a walk, in home workout from Youtube, etc.)
- Plan a movie night together (popcorn, soda, and candy included 😊)
- Take a virtual tour of a museum/art gallery. Talk about your likes/dislikes of each exhibit.
- Build an epic blanket/pillow fort as a family.
- Check on your neighbors together.
- Create a sacred space once a week for dinner. In this time, try one of these things:
 - Share ONE takeaway from the sermon of the week.
 - Read a passage of Scripture and/or ask a question for discussion.
- Spend time looking through old photos and share a story or two for the purpose of laughter.
- Dream up the ideal trip together, whether it's a day getaway or overnight for the future.
- Plan a family game night (Superfight is a fun game to try out 😊).
- Have a weekly cultural update (where the student teaches the parent something new. For example, they can educate you on what Tiktok is 😊).
- Create a question jar. A jar full of questions, both light-hearted and intentional:
 - What is your most embarrassing moment?
 - What is ONE memory from your middle school or high school years?
 - What is a favorite family vacation memory?
 - Describe a time where you laughed the hardest?
 - What is your favorite movie and why?
 - Parent Question: what happened on your most awkward date (make it funny 😊)
 - What is your salvation story?
 - What is your pet peeve and why?
 - Would you rather questions. (i.e. Would you rather be chased by angry people every time you left your house or be chased by angry people while being in your house?)

WAYS TO PRAY FOR STUDENTS

- Isaiah 61:3...pray that God would grant your children the oil of gladness instead of mourning, a garment of praise instead of a faint spirit...that they would be called **oaks of righteousness, the planting of the Lord**, that He may be glorified!
- Thank You God for my family! Thank You for blessing me with (kid's name) and for making him/her exactly the way You wanted them to be. I ask now that You draw _____ closer to You and reveal to them Your presence in their life in a clear and powerful way today. Please continue to stir _____ heart for You and give them the boldness to allow You to be the one thing that drives everything in their life. Amen
- Father, You are good. Thank You for Your faithfulness to us. Thank You for loving us and being near to us. We do not deserve Your love, and we are so grateful for it. I pray that my kid(s)/student(s) would long for You. I pray their soul would thirst for You. I pray that they would run and seek You. I pray that they would taste and see that You are good; that better is one day in *Your* courts than a thousand elsewhere. Would they please hear Your voice over every other voice. Would the truth of Your Word be louder than the lies of the Enemy. Would You saturate their minds with truth, so that lies cannot grow roots. I love You; I trust You, and I submit to You Jesus, Amen.
- Heavenly Father, You are Sovereign, and I declare my trust in You. Your plans for my child(ren) are perfect and already decided. As they grow and mature into the person/people that You've created them to be, will You reveal Your holy self to them through Your word? Guide my words and actions as a parent, that I may be an example to my child(ren) of even only a glimpse of Your love for them. Thank You for this gift that You have so graciously given to me. Amen.
- **Strength** - God would You give _____ the strength to do what they need to do each day. "Finally, be strong in the Lord and in the strength of his might." Ephesians 6:10
- **Courage** - Pray that your children shall not live in or react out of fear of what others think or of their circumstances, but rather know that they are children of the all-powerful God! Pray that they will be brave as they face the challenges that are before them. "Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." Joshua 1:9
- **Peace** - Ask that their hearts will be calm and peaceful as they go through their day and in their sleep at night. "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." Philippians 4:6
- **Provision** - Ask that they will go to God in their need and know that God provides for all that they need – for stamina, spirit and finances –each day. "And my God will supply every need of yours according to his riches in glory in Christ Jesus." Philippians 4:19
- **Direction** - Pray that the Lord will lead them as they begin to make more and more big decisions as they get older. "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." Proverbs 3:5-6

- **Protection** - Ask that God keeps them safe in this increasingly unsafe world, that He will protect them from harm and wickedness. “He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, “My refuge and my fortress, my God, in whom I trust.” Psalms 91:1-2
- **Joy** - Pray that God fills them with the kind of joy that can only come from Him. “You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.” Psalms 16:11
- **Compassion** - Pray that they will show compassion for those in need and who have less than they do. “Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.” Ephesians 4:32
- **Justice** - Ask God to give them a sense of justice – to stand up for what is right and to defend the weak. “learn to do good; seek justice, correct oppression; bring justice to the fatherless, plead the widow’s cause.” Isaiah 1:17
- **Wisdom** - Pray they will grow in wisdom and understanding. Pray that they’ll be more than “smart” and embrace what is good and right. “If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.” James 1:5
- **Hope** - Ask God to give them the hope that comes from above – the kind that far exceeds what we have in the here and now. “May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.” Romans 15:13
- **Love** - Pray that our children are filled with the love of God. Pray that they will know how deeply they are loved, and that love will overflow onto others. “Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.” 1 Corinthians 13:4-8
- **Gratitude** - Pray that your children will take every thought of their mind captive and have a mind of gratitude no matter what their circumstances or feelings might be. “Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.” 1 Thessalonians 5:16-18
- **Self-control** - Pray that your children would tap into the self-control of God every moment throughout their day. “...for God gave us a spirit not of fear but of power and love and self-control.” 2 Timothy 1:7