

RECOMMENDED COUNSELORS

LAST REVISED January 2021

1. Jacksonville Counseling Services, LLC
 - Rebecca Maxwell, LMFT
 - Sara Allen, RMHCI
 - Phone: 904.735.8730
 - Address: 13500 Sutton Park Dr. S. Suite 802
 - Email: jacksonvillecounseling@gmail.com
 - Website: jacksonvillecounseling.net
 - a. Couples, families, children and adolescents, individual counseling for anxiety/depression, grief, adjustment, general mental health
 - b. No insurance accepted at this time

2. New Day Ministries, LLC - Dr. Jennifer Santos Wright, Ph.D., L.M.H.C.,
Developmental Psychologist & Christian Counselor
 - Phone: 904.735.5025
 - Address: 2380 South 3rd Street, Suite 2, Jacksonville Beach, FL 32250
 - Email: admin@newdaymin.org
 - Website: newdaymin.org
 - a. Children, adolescents and adults, individual, couples and family counseling for anxiety, depression, grief, sexual abuse and a range of behavioral, emotional, relational and adjustment issues
 - b. No direct insurance billing, you may be eligible for out of network reimbursement
 - c. Accepts HSA and credit cards

3. Dr. Charles "Chuck" Coker, PhD, DMin, SPHR
 - Phone: 904.838.8585
 - Address: 1207 21st Street North, Jacksonville Beach, FL 32250
380 South 3rd St., Suite 2 Jacksonville Beach Fl 32250 (Fri. only)
 - Email: cwcoker@lifethrive.com
 - a. Personal/individual, pastoral counseling, pre-marital, marriage, marriage retreats, corporate chaplain, personal and spiritual formation/development, military and general mental health/coaching
 - b. No direct insurance billing

4. Gary R. Proctor, MD (Cornerstone Psychiatric Services of NE Florida)
Board Certified Physician in Psychiatry and Forensic Psychiatry
 - Phone: 904.315.1985
 - Address: 100 Executive Way, Suite 112, Ponte Vedra, FL 32802

RECOMMENDED COUNSELORS

Email: gproct369@gmail.com or cornerstonepsychiatric@gmail.com

Website: cornerstonepsychiatricservices.com

- a. Medication management for depression, anxiety, bipolar disorder, schizophrenia, substance use disorders and all other major mental disorders (adults generally, adolescents on a case by case basis)
- b. Combined counseling and medication management (case by case basis)
- c. No direct insurance billing accepted at this time

5. Kathleen Patneau MHA, MA, LMFT, CAP #318-6412

Phone: 904.308.3751

- a. Individuals, couples, pre-marital counseling
- b. Accepts Aetna, Humana, Beech Street, Tricare, Blue Cross, Cigna

6. Andy Jacobs, Licensed Christian Marriage and Family Therapist

Phone: 904.758.4399

Address: 822 A1A North

Email: andy@ccajax.net

Website: CCAJAX.net

- a. Individuals, couples, family counseling, depression, anxiety, addictions
- b. No direct insurance billing, accepts HSA Cards

7. Debbie Davis, LMHC

Address: 1309-109 St Johns Bluff Road N. Building B, Jacksonville, FL 32225

Phone: 904.307.8123

Email: ddaviscounseling@gmail.com

Website: debbiedaviscounseling.com

- a. Individuals, teens 15+, couples
- b. Marital, premarital, affair recovery, grief/loss, mood disorders, adjustment disorders, life stage changes, anxiety, depression
- c. No insurance accepted at this time
- d. Can provide superbills for out of network filing; acceptance of HSA cards
- e. EAP's: Health Advocate, Anthem, New Directions

8. Elizabeth Southard, M.A., LMHC

Address: 690-A West Macclenny Avenue; Macclenny, FL 32063

Phone: 904.400.0517

Email: elizabethsouthardlmhc@gmail.com

RECOMMENDED COUNSELORS

- a. Individual, couples and family counseling; adults, adolescents and children; depression, anxiety, mood swings, trauma, grief, adjustment/general mental health
 - b. Accepts Aetna, Blue Cross, Self-Pay
9. Shannon Miller, LMHC,
Phone: 412.523.2087
Address: 1100 Plantation Island Dr. Suite 140 Saint Augustine, FL 32080
Email: Shannon@sojourn-care.com
Website: sojourn-care.com/
- a. Pre-marital, couples, family, individual, teenagers
 - b. No insurance accepted at this time
10. Dr. Michelle Powell
Address: 13500 Sutton Park Dr. S. Suite 802, Jacksonville, FL
Phone: 904.325.7770
Email: michellepowellphd@yahoo.com
Website: michellepowellcounseling.com
- a. Sex and pornography addiction, infidelity, betrayal, sexual issues, infertility, postpartum, prenatal, women's issues
 - b. Couples and individual therapy
 - c. No insurance accepted at this time
11. Dr. Richard Marks
Phone: 904.724.8683
Address: 6821 Southpoint Drive N, Suite 228, Jacksonville, FL 32216
- a. Marriage, individual, marriage intensives, addictions, spiritual formation and pastoral counseling, general mental health issues
12. Dana Bridges, LMHC, NCC
Phone: 904-800-9422
Address: 6620 Southpoint Dr. S, #450-J, Jacksonville, FL 32216
Email: dana@gracechristiancounseling.net
Website: gracechristiancounseling.net
- a. Addiction, mood disorders, adjustment disorders, grief, marriage & families, military & veterans, teens and adults
 - b. Accepts Aetna, Tricare, Beacon/Military One Source Humana, Magellan
13. Emily Yi, LCSW

RECOMMENDED COUNSELORS

Phone: 904.357.0536

Address: 7900 Lone Star Road 32211

Online counseling available for FL residents

Email: emilykatetyi@gmail.com

Website: parkwoodcounselingcenter.com

- a. Specializes with creative, gifted teenagers and their families, processing trauma, anxiety, depression, grief and all aspects of identity development (mental health, physical health, spiritual health, sexuality, boundaries, personality, etc)
- b. Tricare or self-pay

14. Garlyn Lawrence, M.A.

Phone: 973.362.6318

Address: 6620 Southpoint Dr S #450g, Jacksonville, FL 32216

Email: glawrence0611@gmail.com

- c. A. Christian counseling, Individuals, adolescents, couples, children, pre-marital, anxiety, depression
- d. B. Ambetter sunshine health, Anthem, Beacon, Blue Cross and Blue Shield, Cigna, Florida Blue, Humana Medicaid, Medicaid, Optum, Sunshine Health, TRICARE, United Healthcare

14. Megan E. Atwood, M.A., Licensed Marriage & Family Therapist

Phone: 904.849.1190

Address: 87003 Professional Way, Yulee, FL 32097

Email: megan@breakthroughsnf.com

Website: breakthroughsnf.com

- a. Individuals, couples, premarital, children, pre-adolescent, adults, seniors, military and veteran, trauma, anxiety, depression, adjustment disorders
- b. Tricare, Aetna, Cigna

15. Brittney Werth, LCPC, LMHC, LCPC #7537 - MH#14566

Phone: 904.994.2119

Website: brittneywerthcounseling.com